

**2023**



# CFHI IMPACT REPORT

Annual Report of Child Family Health International





## *A Message from our Founder*

*Dear CFHI Family,*

*As I reflect on the journey of CFHI, I am reminded of the resilient spirit that defines us. The year 2023 was a pivotal time for us all—an era of emergence from a pandemic that deeply tested our resolve. The simple privileges of life we once took for granted—freedom of movement, gathering with loved ones, and participating in everyday activities—were suddenly disrupted. Yet, through this shared experience, we adapted, evolved, and ultimately emerged stronger. CFHI’s remarkable ability to not only endure but thrive during these times was a testament to our collective strength and unwavering commitment. Our Global Team not only weathered the storm but deepened our partnerships and reaffirmed our dedication to collaborations that extend beyond individual projects and material goals.*

*This year, we also advanced how we work by focusing on Fair-Trade Learning (FTL)—a framework developed by the Community-Based Global Learning Collaborative. While CFHI has long championed this approach, 2023 was the year we dedicated ourselves to fully understanding its implications within our organization. We embarked on an important journey, asking ourselves: What does Fair-Trade Learning truly look like for CFHI? Do our global teams align on core FTL concepts? Do we share a cohesive vision of our current practices and aspirational goals? These questions led us to deepen our shared understanding and commitment to FTL, a journey that we are excited to share with you.*

*This pursuit is a powerful example of how we continue to nurture a whole-team leadership model. By fostering an inclusive and equitable global educational ecosystem, we counter the lingering effects of colonialism, power imbalances, and exclusive ownership of knowledge. Our Global Health Education Programs are led by local leaders who bring their communities’ health systems, history, and culture to the forefront. The Board of Directors and Central Leadership Team are in service to our global team’s priorities, goals, and perspectives. We invite you to explore this report, which captures CFHI’s continued emergence from a challenging period that reinforced the significance of global health, community-building, and thriving together.*

*Namaste,  
Evaleen Jones, MD  
CFHI Founder and Board Secretary*



## *A Message from our Board Chair*

*Dear CFHI Supporters,*

*As we reflect on this past year, we see a through-line of commitment to steady financial stewardship that has allowed for increased impact and growth in the post-COVID era. Navigating through such a challenging period required not only resilience but also a continued and deepened focus on fiscal responsibility as a nonprofit organization with a 31-year track record of excellence and transparency. Our team has applied careful budgeting and oversight to ensure that each dollar advances our mission, creating high-impact global health education programs that shape the global health leaders of tomorrow while contributing to the field through research, publication, public speaking, and other thought leadership.*

*In alignment with our mission, we have emphasized efficient administration of CFHI's global health education programs with an emphasis on program participant health, safety, and wellbeing in a rapidly evolving international education space. We have developed new products including the groundbreaking Pillars of Global Health online modules, helping to meet a need for our academic partners while generating new revenue. In keeping with our commitment to Fair Trade Learning Principles, we have ensured that we continue to send at least 60 cents of every revenue dollar to our Global Team to recognize their time and expertise, direct program services, and community health projects. None of this would be possible without shrewd financial management and oversight of our team and Board of Directors.*

*Looking forward, we will rely on the stability we've built that enables us to meet the evolving needs of our participants and global team members and continue to be a leader in the field of global health education. We are committed to stewarding our resources wisely and transparently, knowing that our supporters are as committed as we are to building health equity and increasing access to global health education.*

*Thank you for your ongoing support and trust in us.*

*Gunjan Sinha  
CFHI Board Chair*



## *A Message from our Executive Director*

*Dear CFHI Community,*

*In 2023, CFHI made significant strides in expanding access to transformative global health education opportunities. We welcomed over 600 participants to our in-person global health education programs in 10 countries, and nearly 100 participants to our virtual global health programs. We distributed over \$48,000 in scholarships to diverse learners through programs like the HBCU Leaders in Global Health Scholarship, the Global Health Community College Scholarship, and the Low-and-Middle Income (LMIC) Leaders in Global Health Scholarship, among others. We partnered with over 100 universities and academic institutions to facilitate comprehensive global health rotations, electives, practicums, internships, and custom programs, reaching hundreds of pre-health and health professions students to offer opportunities that uphold the award-winning program standards, rooted in longstanding global partnerships, that CFHI is known for. We expanded our virtual education offerings, including welcoming participants from 11 countries to our Virtual Global Health Elective.*

*This year, we also honed our focus on student health and safety, welcoming a dedicated Health & Safety specialist to our Programs team, enhancing our pre-departure training with a new Mental Health & Wellness module, adding additional live Zoom orientation sessions, and offering workshops and professional development opportunities to our entire global and central leadership team on topics such as Emotional First Aid. As we continue to return to a place of thriving post-pandemic as an organization, we've seized the opportunity to meet today's undergraduate and graduate student needs around support, health, and wellness. The foundation for this work is our steadfast commitment over 31 years to prioritizing the health & safety of our learners in parallel to prioritizing the wellbeing of our Global Team, without whom CFHI's programs would not exist. As Dr. Jones highlighted above, our emphasis and continual interrogation of Fair Trade Learning Principles and collaboration as a full team help to support a holistic approach to programming, student learning, and student wellness.*

*We're thrilled to share all that we have accomplished this year with you. Thank you for being here!*

*Warmly,  
Robin Young, MBA  
Executive Director*



## *A Message from our Global Medical Director*

*Dear CFHI Community,*

*Welcome to our Annual Report! We are thrilled to share CFHI's impactful achievements over the past year. Our mission—comprising global health education programs, research, and thought leadership—is three interconnected pillars. While we take great pride in providing transformative experiences for students who explore the world through CFHI programs, we also strive to shape the practices of peer organizations and academic institutions. Our vision is to act as the rising tide that lifts all boats, advocating for authentic global health narratives, decolonized curricula, and power re-balanced collaborations.*

*In 2023, we were excited to launch *The Pillars of Global Health*, an innovative course developed in partnership with Aperian. This eight-module course covers essential topics such as contemporary global health definitions, health systems strengthening, global health ethics, and cross-cultural fluency. Designed for CFHI scholars and university partners, this course is being utilized for pre-departure training, on-campus learning, and international collaborations.*

*As educators, we continually ask ourselves: do virtual programs yield impacts comparable to those of in-person experiences? This year, we partnered with collaborators from the University of Kansas to answer this question. Our research revealed that our virtual global health elective for medical students produced impressive outcomes. Participants demonstrated significant gains in overall global health knowledge and understanding of planetary health. Additionally, students reported enhanced awareness of global health systems, a deeper comprehension of both biological and social determinants of health, improved ethical reasoning, and greater cultural humility. We invite you to explore the full findings [here](#). Thank you for being an integral part of the CFHI family, where we remind each other to “Let the World Change You.”*

*Jessica Evert, MD  
Global Medical Director*



## WHO WE ARE

### OUR MISSION

Child Family Health International is dedicated to transformative Global Health Education programs, research, and thought leadership emphasizing community leadership, global citizenship, and ethical engagement.

## OUR VALUES

CFHI strives to be the leader in virtual and place-based Global, Local, and Planetary Health Education Programs and Field Experiences- setting quality, ethical, and safety standards and promoting sustainable, locally-led, systems-based Local/Global Health interventions aimed at improving health and wellness worldwide. CFHI endeavors to lead in areas of Global Health Education programs, research, and thought leadership in deep collaboration with our Global Team.



# 1

## Health is a human right

- CFHI ascribes to the value that health is a Human Right. We teach this concept in our programming and curriculum.
- CFHI features health systems efforts to address health disparities. We highlight health systems/countries/local innovations to achieve Health for All.
- CFHI partners with a variety of local leaders including vulnerable and marginalized populations, highlighting local initiatives to address health for the most vulnerable, even when there is ongoing oppression and suboptimal human rights.
- CFHI approaches program development and operations thoughtfully, honoring our entire CFHI team and taking care to build systems, operations and approaches that honor our lives within and outside of work. Health is a human right for all, including mental, emotional, and physical health for our team.





## 2 Global Health is a foundational, interdisciplinary pursuit

- *CFHI provides standard-setting virtual and place-based Global and Local Health Education Programs and Field Experiences in 10 countries for graduate and undergraduate students and post-graduate trainees.*
- *CFHI portrays the scope of Global Health and Local/Global Health challenges, interventions, and stakeholders to provide a comprehensive understanding of Global Health including the complexities of determinants of health and inter-disciplinary collaboration necessary to address health disparities.*
- *CFHI's Global Health Education Programs highlight and are in alignment with the UN Sustainable Development Goals.*
- *CFHI Global Health Education Programs and Field Experiences aim to demonstrate how all disciplines come to bear on Global Health (from business majors who will be future CEOs to pre-medical students who will be future doctors) and provide programming that nurtures an understanding of Global Health for students and trainees from diverse disciplines and backgrounds.*



# 3

## Humility is required to advance Global Health

- *CFHI builds humility into our program components on all levels, including theoretical frameworks, outreach/ marketing, program focus/themes, curricular content, operational structures, and leadership.*
- *CFHI utilizes an Asset-Based Community Development (ABCD) and Engagement approach to inform how we frame, discuss, and structure our activities. Rather than focusing on deficits and areas of lack, we focus on the strengths, assets and richness found in resource-poor or marginalized settings.*
- *CFHI emphasizes humility as an essential value and mindset of our scholars, team, collaborators, and stakeholders who are often coming from a high income/HIC frame of reference or from one that is different than the communities where our programs take place. Thus, CFHI encourages the directive of our tagline: “Let the World Change You.”*



## 4 We are connected in our humanity and share one planet

- *Our best world is one that embraces diversity and inclusiveness, recognizes and seeks to dismantle structural and other inequality, emphasizes the connectedness of humanity, seeks peaceful resolution to conflict, embraces human rights, works toward a sustainable environmental footprint, and safeguards a basic standard of living and health for the entire planet.*
- *CFHI offers a portfolio of virtual/online programs to increase access to these educational opportunities for more participants, and simultaneously to reduce our organizational carbon footprint. CFHI is exploring carbon offsets, climate pledges for participants, and other options to build in greater consciousness of our programs' environmental impacts.*
- *CFHI builds human connections, nurtures diversity and inclusion, showcases human rights, and advocates for health of the entire planet.*
- *CFHI offers programs whose primary curricular focus is Planetary Health, highlighting and in alignment with UN Sustainable Development Goals 2, 6, 7, 10, 11, 12, 13, 14, & 15.*



# 5

## Poorly designed voluntourism and programs based on neocolonial assumptions are dangerous, regressive, and antithetical to the field of Global Health

- CFHI provides programs and Field Experiences for students and universities (Academic Partners) that de-emphasize the agency of outside volunteers and emphasize the agency of local health systems and sustainable longitudinal approaches.
- CFHI enables students, trainees, and faculty to contribute to strengthening local health and social service systems through appropriately scoped supportive projects and activities including contributing to Continuous Quality Improvement (CQI), co-education initiatives, program evaluations, technical and non-technical activities aligned with skills sets of visitors, and reinforcement of local expertise/realization of global citizenship for local leaders/community members.
- CFHI challenges neocolonial assumptions and behavior from theoretical to practical aspects of programming and by nurturing value-aligned partnerships with academic institutions.

- CFHI provides universities with alternatives to poorly designed voluntourism opportunities, which endanger participants and host communities.
- CFHI researches and advocates for reforms throughout the Short-Term Experiences in Global Health (STEGH) sector.
- We maintain a humble approach to our work and recognize that we all have internalized forms of colonialism and bias. We seek to actively unlearn these beliefs through training, dedicated focus, and specific goals as a global team.
- CFHI draws from the expertise of global partners and bidirectionally flows information back to local partners and teams to ensure these organizational values are upheld at all levels.
- CFHI provides training to faculty, administrators, staff and program providers to encourage ethical, safe, rigorous experiential learning and other programming by the entire Global Health Education sector.



# 6 We believe in high impact programs

- *We measure the impacts of our programs on participants, host communities, and the Global Health education sector through collaborative research, surveys of global partners and students, and during site visits.*
- *We use multiple tools to measure the impacts of our programs including the Global Engagement Survey (GES), Intercultural Effectiveness Scale (IES), GlobeSmart by Aperian Global, and various university research collaborations.*
- *We set out competency-based impact goals for participants and scholars.*



# 7

## We strive for Fair-Trade Learning ideals through a CFHI lens

- *CFHI highlights the primacy of local community members as leaders, change agents, and sustainable solutions.*
- *We build programs on strong partnership foundations, aligning with partners on all levels of programming and seeking to meet FTL rubric ideals*
- *We utilize an asset-based narrative, development and engagement approach, to showcase strengths within resource-limited settings, where others see poverty and lacking, we focus on the abundance of passion, resourcefulness, ingenuity, and perseverance.*
- *We meet regularly as a full Global Team and within smaller working groups to assess CFHI's Fair-Trade approach and make changes as needed to ensure a more equitable approach to our work.*





## WHAT WE DO

CFHI's impacts are far-reaching and include thought leadership and advocacy to support ethical best practices in global health experiential education, a deep commitment to underserved learners through thoughtful, equity-focused programming and scholarships, commitment to our Global Team and their communities through Fair Trade Learning principles and Community Health Project Grants, and more.

## Global Health Education Programs

*In Special Consultative Status with the Economic and Social Council of the United Nations, CFHI is a leader in community-based Global Health Education Programs, embedding participants in existing health systems and highlighting local medical and public health professionals as the global health experts they are. We offer a wide variety of programs, electives, rotations, internships, practicums, and custom programs to meet the needs of individual and group-based learners, and scholarships to increase access to our programs.*

## Standard-setting approaches to trainees in global health

*In Special Consultative Status with the Economic and Social Council of the United Nations, CFHI is a leader in community-based Global Health Education Programs, embedding participants in existing health systems and highlighting local medical and public health professionals as the global health experts they are. We offer a wide variety of programs, electives, rotations, internships, practicums, and custom programs to meet the needs of individual and group-based learners, and scholarships to increase access to our programs.*





## Advocacy & Research

*CFHI's reach goes well beyond our 30+ global health education programs in 10 countries, 100+ academic collaborators, 75+ global team members and collaborators, and 15,000+ alumni. Through advocacy, research, and educational tools CFHI stimulates dialogues in international education and global health circles. Our central and global teams have co-authored dozens of texts and articles, available on the publications page of our website.*

## Academic Partnerships

*CFHI's academic partnerships offer universities and institutions customizable global health education programs that enhance student learning through immersion, community engagement, and cultural understanding. Whether semi-custom, non-custom or fully customized, CFHI manages logistics, risk management, and program administration, allowing faculty to focus on academic content. Partnerships are no-cost and designed to ensure value alignment, providing opportunities for immersive experiences in global health across various countries. With over 100 active academic partnerships and collaborators, CFHI maintains ethical and secure programming, preparing students for meaningful contributions to health equity and social justice worldwide.*



## Scholarships

Since 2007, thanks to the support of our generous donors, Child Family Health International has awarded over \$150,000 in scholarships to support participation in our global health programs, electives, practicums, and internships. In 2023, We awarded over \$48,000 in scholarships to outstanding scholars. Through scholarships we seek to support underserved and underrepresented learners who embody CFHI's mission and vision and are excited to be future change-makers. CFHI Scholarships activate interculturally skilled future leaders in global health, public health, healthcare, health policy, and beyond.

## Community Health Projects

CFHI connects with our Global Team and their communities through an asset-based approach. Where many see lack of resources, we see resourcefulness, richness of culture, a wealth of passion, and an abundance of transformative synergies, which we invest in via our Community Health Project Grant program. In 2023, we awarded \$15,000 to support 6 Community Health Projects in Bolivia, Uganda, Ghana, and South Africa led by our Global Team and their partners.



# JAN

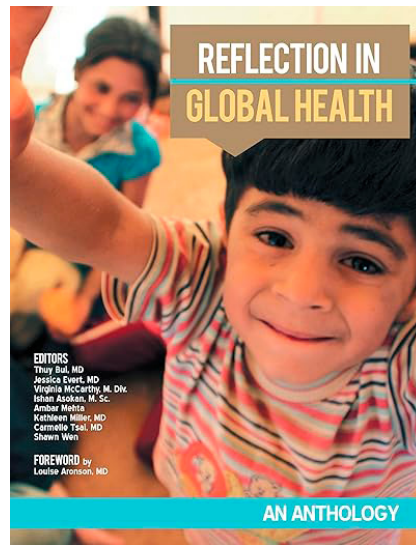
Launch of “Pillars of Global Health: Building Competencies for Global Health Engagement”, a series of online modules for students and academic institutions. Modules include Global Health Definitions and Discourses, Planetary and One Health, Global Health Ethics, Social Determinants of Health, Cross-Cultural Effectiveness and Adaptability, and much more.

CFHI welcomes Wanda Dutton to a newly created role, Director of Health & Safety.



# FEB

Reflections in Global Health Multimedia Contest winners announced: CFHI, alongside CUGH, the University of Pittsburgh Center for Global Health and Loyola University Chicago Health Sciences Division offer this contest annually. This year for the first time, submissions were welcomed in multimedia format and reflected an exceptional array of authors and topics.



# MAR

CFHI offers multiple sessions at the Forum on Education Abroad in March. Robin Young, CFHI Executive Director, Hema Pandey, CFHI India Director, and Dra. Martha Canseco, CFHI Oaxaca Local Coordinator, presented the following sessions: Inclusive Student Mental Health & Wellness Abroad; and Developing Global Health Competencies: Strategies for Increasing Student Diversity and Access Through Virtual Learning. Carolina Bolaños Palmieri, CFHI Director of Programs and Hema Pandey, CFHI India Director presented the following sessions: Hybrid or Blended Learning in Education Abroad: Strategies for Leveraging Technology in Global Learning and A New Era: Global Health International Education in a Post-Pandemic World.

Executive Medical Director, Jessica Evert offers a webinar on “Emerging Markets, Emerging Opportunities: The Role of International Partnerships”, hosted by the Gateway Leadership Institute.

# APR

CFHI leaders including Dr. Joel Buenaventura, Dr. Charles Nwobu, Dr. Jessica Evert, and Jenny Samaan, Ph.D., attend and present at the 2023 conference of the Consortium of Universities for Global Health. Presentations include a session to present the winners of the Reflections in Global Health multimedia contest, and poster entitled “Strengthening Global Health Education Partnerships: Apply Fair-Trade Principles to Your Collaborations.”



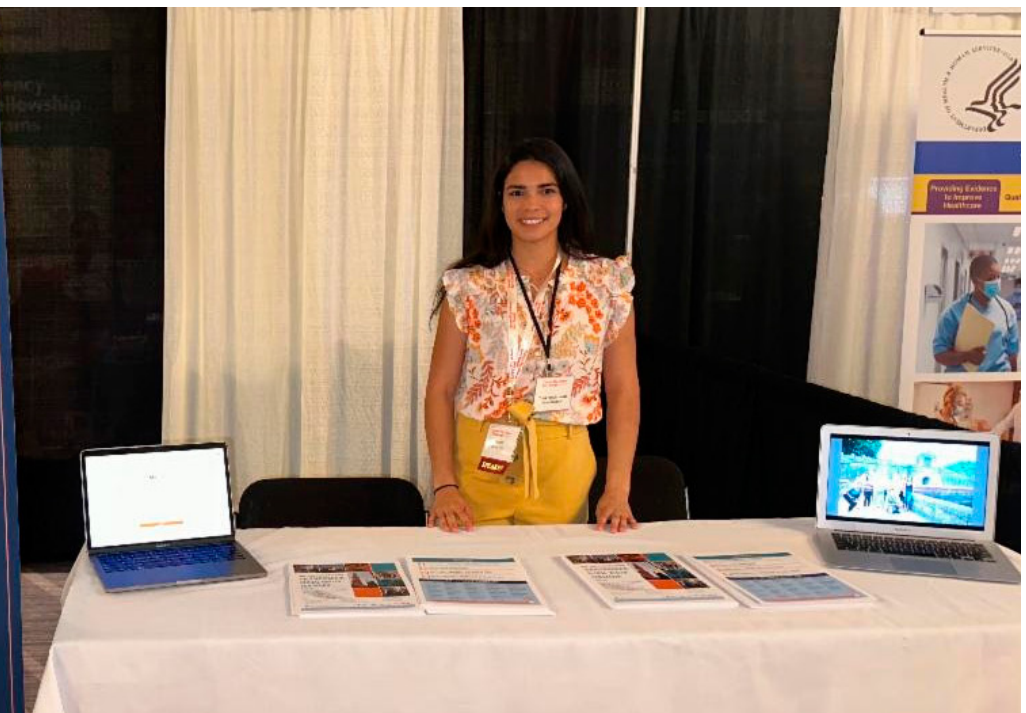
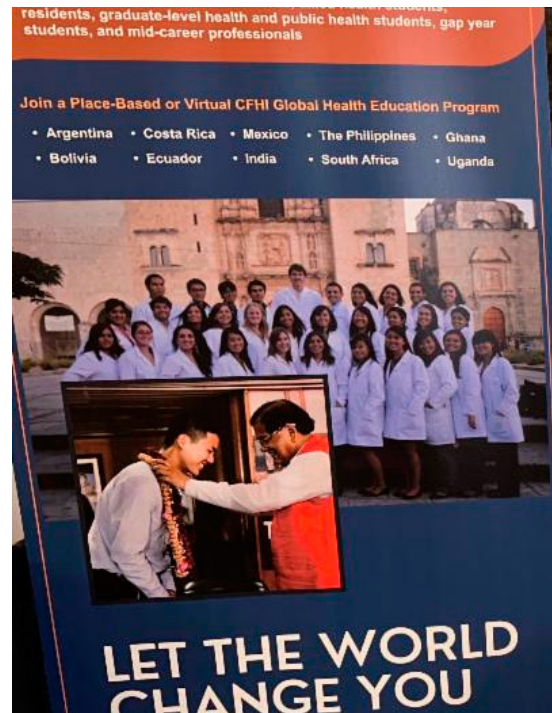
# MAY



A new publication, co-authored by CFHI leadership is released in the *Annals of Global Health*: “Impacts, Learner Diversity, and Curricular Framework of a Virtual Global Health Elective Catalyzed by the COVID-19 Pandemic”.

CFHI Global Medical Director Dr. Jessica Evert attends the NAFSA conference in Washington DC and presents a session entitled “Increasing Student Diversity & Intercultural Competency: Virtual Fair Trade Learning” alongside panelists from West Virginia University and Luther College.

CFHI Program Coordinator Mariah Blevins connects with prospective program participants at the American Medical Student Association annual meeting, and presents a sessions entitled “Do No Harm in Global Health: What to Know Before You Go”



# JUN

# JUL

# AUG

*CFHI Director of Programs Carolina Bolaños is faculty at the 2023 Teach Global Health Summer Institute for Curriculum, Course Design, and Assessment. Other collaborating institutions include Allegheny College, CUGH, AAC&U, CISG, The Pulitzer Center, ASPPH, and others.*

*CFHI presents at the virtual session of The Forum on Education Abroad's 14th Annual Institute on Health, Safety, Security and Risk Management, focused on Community Fair Trade-centered practices for resilient global health and safety partnerships. The CFHI team covers Fair-Trade Learning Principles, how these are operationalized in the context of multi-stakeholder global partnerships, optimizing health & safety outcomes for communities, partners, and participants.*

*CFHI holds an annual meeting with the directors of the health jurisdiction No. 1 "Valles Centrales" in Oaxaca, Mexico. Led by CFHI Medical Director in Oaxaca, Dr. Magaly Chavez, the meeting provides a unique opportunity to strengthen our partnership with preceptors who play a crucial role in guiding and mentoring our students during their CFHI programs.*

*The CFHI July Virtual elective cohort welcomes 14 students from 11 different countries, and faculty from Uganda, Ghana, Costa Rica, and the United States to this transformative global health learning experience.*



*CFHI is honored with the Top-Rated Award from GreatNonprofits.*

*CFHI launches a new collaboration with Seed Global Health, offering comprehensive pre-departure training for Seed Educators interested in global health, rooted in CFHI's Pillars of Global Health. This training program includes virtual live sessions and online modules aimed at enhancing cultural competency, promoting self-care and wellness, and exploring ethical considerations in global health.*



# SEP

# OCT

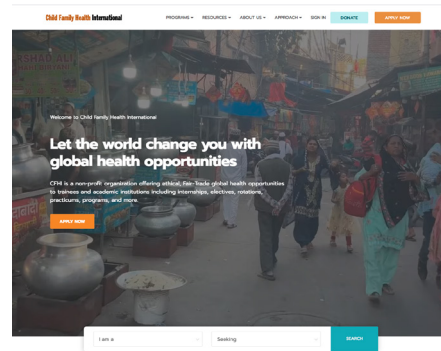
# NOV

# DEC

The first pilot assembly and debate are held for participating schools in the project "Rehabilitating Children With Disabilities in Accra: Community Engagement and Sensitization." Led by Dr. Charles Nwobu, CFHI's Medical and Program Director in Ghana, alongside the dedicated Physiotherapy department at the Princess Marie Louise Children Hospital, this activity is a key component of a ICATCH grant project that is funded by the American Academy of Pediatrics (AAP). The initiative was presented to leaders in the Ghana Health Service at their annual event, where it was selected as a top project by the judges.



CFHI launches a new website featuring improved user experience and better highlighting our three-pronged approach and mission focused on global health education programs, thought leadership, and advocacy.



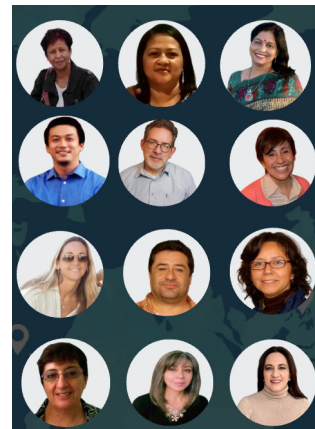
Nearly 30 members of CFHI's Global and Central Leadership teams convene from 10 countries for our annual all-team virtual retreat.



Dr. Edward O'Neil Jr., the founder of Omni Med, CFHI partner organization in Mukono, Uganda, receives the People Helping People Award! This award, given every other year in honor of Russell G. Mawby, recognizes an individual leader or their organization for ongoing contributions to the health and well-being of communities.

Dr. Geoffrey Anguyo, CFHI Medical Director in Kabale, Uganda is featured on the "Health. Equity. Reflection." podcast, sharing about his path to medicine, current endeavors empowering women in their health, and opportunities for others to get involved.

We close the year having welcomed nearly 700 participants to our virtual and in-person global health internships, electives, rotations, practicums, and programs. CFHI participants demonstrate growth on all 8 scales of the Global Engagement Survey when comparing pre and post surveys, including cultural humility, critical reflection, and global citizenship. The Global Engagement Survey is a multi-institutional survey hosted by the Community-based Global Learning Collaborative.



## 2023 CFHI Program Reflections from Alumni

“The program in La Paz was life changing. The hospitals I worked in, the people I met, and the experiences I had have shaped me into a better person, and soon-to-be physician. I am so grateful for CFHI and the entire La Paz team for graciously teaching me so much. I have already used so much of what I have learned, and cannot wait to work with Dra. Uribe and the rest of the team in the future again.”

-Emma Horowitz, July 2023. Medical Student, Albany Medical College.

### *La Paz, Bolivia*

### *Tarija, Bolivia*

“Child Family Health International has allowed me to expand my knowledge about the differences in the American and Bolivian healthcare systems and global health in general. In addition, I have gained valuable experience in primary, secondary, and tertiary care clinics and hospitals, which has allowed me to explore the medical field while practicing and improving the Spanish language. Finally, from Sunday family gatherings to hiking trips with local people, my exposure to Bolivian culture was the highlight of my internship. I got to meet so many people and hear their stories while exploring a new country with amazing mountainous regions, cities, and places unique to Bolivia, such as the salt flats. Bolivia is a country rich in culture and I am so grateful for the warm and welcoming local people who were so kind in sharing their love of their country with me.”

-Ciara Loughran, June 2023.  
Undergraduate Student, Princeton  
University.

### *Córdoba, Argentina*

“This experience was an opportunity of a lifetime... Throughout the time I spent in Argentina, I learned so much about medicine and how the Argentinian medical system operates. This experience was one that I would do again, and I will always remember what I learned here. I created so many connections that I continue to keep and will remember for a lifetime. When studying abroad I expected to learn a lot about another culture and country, which I did, but I also learned so much more about my home country and who I am as a person.”

-Lauren Delgado, May 2023. Masters of  
Global Health, Pennsylvania State  
University.



### *Guayaquil/Puyo. Ecuador*

“The true lesson for doctors and medical students in global health is that of humility: say less, listen more, and seek clarification. I hope to continue the effort to decolonize Global Health by mirroring the sustainability movement and giving a new meaning to “think globally, act locally.”

-Rosalie Mattiola, August  
2023. Medical Student,  
University of South  
Florida.



## 2023 CFHI Program Reflections from Alumni



### *Puerto Escondido, Mexico*

“CFHI taught me a lot about community. The clinic that I shadowed in built relationships with their patients and took the time to speak to them and learn more about their lives. I really enjoyed this and I will continue to foster community and kindness into the future once I am a nurse practitioner.”

-Rachel Crowell, August 2023. Masters of Public Health, Northeastern University.

### *Oaxaca, Mexico*

“Through this CFHI program, I was even more reassured of my goals and dreams to engage in intentional global health work in my future. My goal is to become a surgeon, and after shadowing in the OR en el Hospital Civil, I left very inspired by the doctors to continue paving my way as a Latina in the medical field, so that I can continue inspiring more first generation Latinas to follow the path, even if it is overwhelming and scary!”

-Sofia Pesantez, June, 2023. Undergraduate student, Stanford University.



### *Quito, Ecuador*

“Ecuador has so much to offer in terms of culture and dramatically different environments. It was a privilege to be welcomed into so many communities; I learned so much from the medical staff, the patients, CFHI staff, and my host mom. I'm so glad I found CFHI and that they helped make this trip possible with a scholarship. I'm looking forward to starting residency soon and incorporating the language skills, cultural competencies, and medical knowledge that I have learned in Quito, Ecuador to benefit future patients.”

- Dana Rector, April 2023. Medical Student, Oakland University William Beaumont School of Medicine.



### *Philippines*

“The immersions and interactions I had in the Philippines-Remote Island Medicine Internship with CFHI through UC Davis Study Abroad has been personally transformative and eye-opening experience that surpassed my initial expectations. I learned more of what global/public health means to me as a global citizen. But most importantly, I am grateful for CFHI because it reminded me of my WHYs.”

-Sherina Soliman, August 2023. Undergraduate student, University of California, Davis.





## 2023 CFHI Program Reflections from Alumni

"I went to Delhi, India for two weeks with CFHI and I couldn't have imagined what an amazing experience it would be! During my program I went to various rotations in palliative end-of-life care, adolescent de-addiction centers, HIV treatment and prevention centers, and had discussions with an LGBTQ organization, pediatrician, acupressure therapist, and more! I am planning on going on to graduate school to get my doctorate of physical therapy. Although this wasn't all physical therapy related, it was all people-related which is the first step of physical therapy."

-Grace Shelton, January 2023. Undergraduate Student, Carroll College.



### Dehradun, India

"My experience in India with CFHI truly changed my life. It helped me realize that I want to go into community health care and instilled an immense amount of appreciation for cultures that I was not previously acquainted with. My experience in India was one that I will never forget and holds many memories that I will cherish for the rest of my life. Thank you, CFHI, for providing me with this."

-Sarah Olson, January 2023. Undergraduate student, Luther College.



### Cape Coast, Ghana

"My 4 week program in Ghana with child family health international by far the best opportunity I've come across. During this time, I was able to shadow healthcare providers at the Cape Coast Teaching Hospital allowing me to see first hand healthcare disparities and challenges the communities are being faced with. My rotations took place in the Pediatric & NICU ward which only grew my passion for wanting to work with children and loving mothers. Also, I had a chance to participate on outreach days with Planned Parenthood Association of Ghana whom goals was to educate the community on sexual rights and women's reproductive health."

LaTavia Lynn, June 2023. Post-Bach student, Michigan State University.

### Accra, Ghana

"My CFHI experience in Accra, Ghana was invaluable. I had the unique opportunity to rotate in a local hospital where I learned about child and maternal health. I appreciated learning about healthcare in Ghana directly from health care providers. The malnutrition unit was particularly interesting to me, and I learned ways in which the dieticians help their patients recover and how they work with the physicians in other units to ensure the best care for these patients. Culturally, I enjoyed trying different foods such as red red, kenkey and kelewele. As the daughter of Nigerian immigrants, many of these foods reminded me of home as there were similarities between the dishes. Interacting with locals and admiring the art pieces and learning to play the drums at the art center was one of my many highlights. I really appreciate the sense of community I felt in Accra. I appreciated the opportunity to live with other students from different states and countries while learning about Ghana when we went out into the community

each day. I will never forget this transformative experience as it strengthened my desire to continue to pursue Global Health in my future career."

- Linda Etufugh, May 2023. Medical student, University of Texas Medical Branch at Galveston.



## 2023 CFHI Program Reflections from Alumni

"I want to extend my heartfelt appreciation to CFHI for outstanding services. I am especially grateful for the invaluable support and guidance provided Dr. Juliana in the enrollment process and later the support provided by my dedicated Preceptor, Dr. Geoffrey Anguyo from Kigezi Health Foundation. The knowledge and mentorship I received from him greatly enhanced my learning experience. Thank you for connecting me with such a remarkable individual."

Don Mendes, June 2023 (Virtual practicum participant, Kabale, Uganda). Doctor of Public Health, Walden University.

### Kabale, Uganda

### Cape Town, South Africa

"I'm having an incredible, incredible time here! I must express how grateful I am for my host family, and the CFHI Local Coordinator and Medical Director for how much care, kindness, and love they've poured into our experience. Thank you so much!"

- Anonymous participant, July 2023.



### Mukono, Uganda



"The Uganda program stood out to me as the most comprehensive global health experience available. As someone transitioning into a new career with this degree, it provided me with a broad overview of what global health organizations are doing. More importantly, it reinforced my desire to build a career that involves hands-on work in the field, rather than operating from a remote, high-level perspective in the United States. Being immersed in the community and working alongside people on the ground gave me invaluable insights and strengthened my belief in the importance of first hand engagement in global health work. The knowledge and instinct gained from these experiences have profoundly shaped my vision for my future career. This journey also deepened my understanding of the impact the world can have on us as individuals—far greater than the impact we might have on it. That perspective will guide me as I move forward in this field."

- Whitney McDonald, March 2023. Masters of Global Health, Northwestern University in Chicago.

### Durban, South Africa

The Durban program was excellent! I learned so much about the Zulu culture and the South African healthcare system as well as the country's history and current political struggles. I had the opportunity to visit a variety of healthcare facilities such as government-run tertiary hospitals, a hospice, a community clinic, and home care. There was also time to sightsee! It was just the type of global learning experience I was looking for. My host family could not have been more kind and I am staying in contact with them! I really respect and appreciate CFHI's posture on cultural humility and the pre-departure education we were required to complete. I enjoyed being a learner and observer even though I am typically a "doer."

-Jill Brown, February 2023. Masters of Public Health, State University of New York System - Albany.

## CFHI Programs and Global Leadership

We proudly recognize our CFHI Global Team, including our dedicated Medical Directors and Local Coordinators who oversee program sites, as well as the Preceptors who directly mentor CFHI trainees. We also extend our heartfelt appreciation to all healthcare workers, support staff, and community members involved in our programs, helping to foster the next generation of globally-minded health professionals.





## CFHI

### Programs and Global Leadership

#### Global Health in Cape Town, South Africa

Avril Whate - Medical Director  
Marion Williams - Local coordinator

Preceptors:  
Dr Raafiq Ely  
Prof Sharon Cox  
Ms Noorunisa Vollenhoven  
Ms Phindi Mabai  
Ms Kerryn Mac Dermott  
Dr Clint Cupido  
Dr Gill Schermbrucker  
Sr Eunice Colane  
Ms Nichola Daniels  
Ms Lauren Van Stormbroek  
Dr Graeme Dunbar  
Sr Leonora Van Wyk  
Sr Claudette Parsley  
Dr Rosemond Henry

#### Global Health in Durban, South Africa

Tessa Beaunoir - Medical Director  
Maureen Bell - Local Coordinator

Preceptors:  
Dr Munian  
Dr Singh  
Sr Allee  
Candace Davidson  
Sr Vasie

#### Global Health in Mukono, Uganda

Dr. Ed O'Neil - Medical Director  
Allan Saul Namanda - Local coordinator

Preceptors:  
Edward Mwebe Mutimba  
Dr. Kenneth Kabali  
Rebecca Hamala  
Cissy Luyiga  
Dr Alexander von Hafften - Director,  
Mental Health Program.

#### Global Health in Accra, Ghana

Dr. Charles Nwobu - CFHI Medical and  
Program Director  
Roland Takyi, Local Coordinator.

Deputy Medical Directors:  
Jacqueline Amegee  
Dr. Christian Agyema  
Shadrack Dadson  
Dr. Kelvin Kwame Akussah

Preceptors:  
Dr. Mame Yaa Nyarko - Medical  
Superintendent, PML  
Dr Margaret Neizer - Head of Clinical  
Services, PML  
Dr. Faye Boamah-Mensah  
Maame Serwaa Alswell - Women in Need  
NGO

#### Global Health in Cape Coast, Ghana

Dr. Charles Nwobu - CFHI Medical and  
Program Director  
Georgina Asomah - Local Coordinator  
Mary Margaret Ekuban-Local Coordinator

Associate Medical Directors  
Dr Eric Ngyedu  
Dr Stephen Laryea  
Deputy Medical Directors and Preceptors  
Philip Arthur  
Michael Tagoe  
Ramzy Okyere

#### Global Health in La Paz, Bolivia

Dr Cecilia Uribe - Medical Director  
Gonzalo Claire - Local Coordinator  
Lic. Marlene Azurduy  
Dr. José Luis Delgadillo  
Dr. Miguel Urquieta  
Dra. Erika Pérez  
Dr. Oscar Ballivián  
Dra. Verónica Chambi  
Dra. Carmen Rojas  
Dr. Héctor Mejía  
Dr. Edgar Chávez  
Dr. Miguel Campos  
Dra. Salette Queiroz  
Lic. Otilia Condori  
Dra. Giovanna Viza



**CFHI  
Programs and  
Global  
Leadership**

### **Global Health in Tarija, Bolivia**

Dr. Kariana Gamarra - Medical Director  
Fabricio Uribe - Local coordinator

**Preceptors:**

Dr. Mayda Sanchez  
Dr. Carlos Gallardo  
Dr. Alejandro Palacios  
Dr. Natalia Rojas  
Dr. Ariel Aliaga  
Dr. Silvia Nieves  
Dr. Dina Zuruguay  
Dr. Silvia Ignacio  
Dr. Patricia Carrasco  
Tec. Julio Vidaurre

### **Global Health in Cordoba, Argentina**

Carlos Giavay Waiss - Program Director  
Andres 'Charly' Alegre - Local  
Coordinator  
Horacio Brites - Local Coordinator

**Preceptores:**

María Cecilia Carrizo

### **Global Health in the Philippines**

Dr Joel Buenaventura - Medical Director  
Dr Paolo Medina - Assistant Medical  
Director

**Preceptors:**

Dr Jobin Maestro  
Dr Kris Conrad Mangunay  
Dr Patt Flexl Mandocdoc

### **Global Health in Quito, Ecuador**

Dr. Susana Alvear, Medical Director  
Elvira Hinojosa- Assistant Medical  
Director  
Patty Del Corral - Local Coordinator

**Preceptors:**

Dra. Lida Ordoñez  
Dra. Tatiana Barragan  
Dr. Marcelo Chico  
Dra. Daniela Ojeda  
Dra. Sandra Parreño  
Dra. Carolina Henríquez  
Dr. Miguél Angel Moyon  
Lda. Martha Tapia  
Dr. Miguel Bolaños  
Dra. Gabriela Morales Arias  
Dr. David Moreno Rodríguez  
Dr. Mauricio Aguirre  
Dra. Daniela Mejía  
Dr. Galo Sánchez del Hierro PHD  
Magister Dinora Hidalgo  
Dr. Carlos Hermosa PHD  
Dra. Paula Hidalgo Andrade PHD  
Dr. Oswaldo Moreta

### **Global Health in Guayaquil- Puyo, Ecuador**

Dr. Wilfrido Torres - Medical Director  
Psic. Viviana López Aray - Local  
Coordinator  
Jennifer Torres - Local Assistant

**Preceptors:**

Dr. Verónica Larrea  
Dr. Cinthia Montjoy  
Dr. Renato Martínez  
Lic. Carlos Piguave  
Sr. Ramón Moncayo

### **Global Health in Oaxaca, Mexico**

Dr. Magaly Chavez - Medical Director  
Martha Canseco - Local Coordinator  
Sandra Rivera - Local Coordinator

**Preceptors**

Dr. Carlos Alberto Barcelos Taboada.  
Lcc. Rosario Robles Sigala  
Dr. Maria Del Carmen Cruz Escalante  
Dr. Celia Gama Juaristi  
Lic. Psic. Osiris Ibañez Concepción  
Dr Mayda Cruz Cuevas  
Dr David Guzmán Ortíz  
Msp Lucía Ricarda Martínez Cruz  
Lic Patricia Utrilla  
Lic Rosalba Martínez Leyva  
Lic Karina Guadalupe Pineda Antonio  
Cristian Ted Vásquez  
Dr Jorge Valente Sánchez Ríos  
Dr Aldo López Marín  
Dr Clara Susana Carcía Vásquez  
Dr Emmanuel Marco Ramírez Morales  
Dr Inocencia Luz Juárez García  
Dr Félix Daniel Coronel Hernández  
Dr Juan Humberto Victoria Ruíz  
Dr Margarita Ortíz Hernández  
Dr Fernando Beltrán Sánchez Hernández  
Dr Patricia Molina  
Dr Favio Cortés Joaquín  
Dr Mirna Fatima Enriquez Luis  
Dr Víctor Cruz  
Dr Cipriano García  
Dr Alberto Martínez García  
Dr Jacobo López  
Dr Alberto Campos  
Lic Fernanda López

**CFHI  
Programs and  
Global  
Leadership**

**Global Health in Puerto  
Escondido, Mexico**

Dr. Isabel Saucedo - Medical Director  
Soledad Fernandez - Local Coordinator

**Preceptors:**

Dr. Samuel Hernandez Jimenez  
Dra. Maria Esther Hernandez Santiago  
Dr. Perfecto Gonzalez Gomez  
Dra. Suetya Elisa Ramos Martinez  
Dra. Midori Trinidad Hernandez  
Dra. Tania Sierra Morales  
Dr. Jose Faustino Rivera Valdez  
Dr. Japhet Bustillos  
Lic. en Enfermeria Raquel Pacheco Cruz

**Global Health in Delhi, India**

Dr. Vimarsh Raina - Medical Director  
Sangeeta Halder - Program Coordinator  
Hema Pandey - Director of India  
Programs  
Sudarshan Pandey - Advisor & Volunteer



**Global Health in Dehradun,  
India**

Dr. Sanjay Gandhi - Medical Director  
Mayank Vats - Program Coordinator  
Hema Pandey - Director of India  
Programs

**Global Health in Kabale, Uganda**

Dr. Geoffrey Anguyo - Medical Director  
Preceptors:  
Ainemukama Prosper  
Joanitariza Nebye  
Kriyo Evelyn  
Nahwera Brighto  
Namukisa Sylvia  
Brian Mujurizi  
Simon Mugume

## Scholarship Giving Circle Highlights

CFHI is extraordinarily lucky to have generous donor support for our scholarship programs, several of which are highlighted below. Thanks to their generous contributions, CFHI was able to award over \$48,000 in scholarships in 2023. We have a bold vision to dramatically expand our scholarships program in partnership with our supporters. If you would like to be a part of this exciting initiative, please let us know!





## Scholarship Giving Circle Highlights



### Susan Hershey Scholarship

The Susan Hershey Memorial Scholarship Program honors the late Susan Hershey's passion for Mexico and global health by supporting students in CFHI's immersive programs in Oaxaca. These scholarships empower future global health leaders to develop cross-cultural understanding, leadership, and advocacy skills while gaining hands-on experience in health and wellness. By fostering empathy, civic engagement, and cultural appreciation, this scholarship reflects Susan's values and commitment to social impact. Recipients benefit from transformative experiences that enhance both personal growth and professional development in global health. Susan's family has also generously expanded the scope of the scholarship to include all CFHI virtual programs. 2023 Recipients: Alysia Swint, George Washington School of Medicine; Global Health in Mexico (Oaxaca), March of 2023. Divineafavour Emmanuel, University of Uyo, Nigeria; Global Health Comparative Virtual Internship, August, 2023. Marla Krasnic, Wayne State University School of Medicine; Global Health in Mexico (Puerto Escondido), February, 2023.

### Loeliger Scholarship

The Loeliger 4th Year International Elective Scholarship is inspired by the passion and career of Dr. Scott Loeliger, a Family Physician who is dedicated to bettering health equity, multiculturalism, and care for underserved populations in his own community. A lifelong visionary for health equity, Dr. Loeliger believes in the power of global health education to support compassionate patient care. 2023 recipients: Sixtus Akinlosotu, Drexel University; Global Health in India (Dehradun & Rural Himalayas), April 2023. Lauren Delgado, Pennsylvania State University; Global Health in Argentina, May 2023. Dana Rector, Oakland University William Beaumont School of Medicine; Global Health in Ecuador (Quito), May 2023.

### Thomas Hall Scholars Program

The Thomas Hall Scholarship supports future global health leaders dedicated to equity and capacity building. Created by the late global health visionary, Dr. Thomas Hall, and carried forward by Dr. Hall's family, this scholarship promotes mentorship, cultural exchange, and the development of essential skills for effective global health work. With a focus on enhancing education in underserved areas, the scholarship encourages students to gain cross-cultural insights, apply best practices, and challenge the status quo in healthcare. 2023 recipients: Samuel Fugate, University of Kentucky; Global Health in the Philippines, February, 2023. Grace Shelton, Carroll College; Global Health in India (Delhi), January 2023. Amy Dokiburra, Ohio State University; Global Health in Ghana (Cape Coast), July, 2023. Brigid Garrity, Philadelphia College of Osteopathic Medicine, Global Health in Mexico (Oaxaca), March, 2023.



## 2023 Scholarship Recipient Highlights

All of CFHI's scholarship recipients are outstanding scholars, deeply interested in and passionate about global health, and embody CFHI's mission. The testimonials that follow highlight just a few of our 2023 scholarship recipients.

**Sam Fugate, Recipient of the Thomas Hall Scholarship  
Medical Student, University of Kentucky College of Medicine**

*"In February 2023, I was fortunate enough to partake in a 4-week program in the Philippines through a program called Child Family Health International (CFHI). CFHI is an amazing organization that helps students of all educational levels expand their global health knowledge and experiences. As a medical student at UKCOM, I was given the opportunity to join a "scholarly concentration" focused on global health. As part of this concentration, I was introduced to CFHI and given the option to spend some time abroad for one of my 4th year elective months. As I reviewed CFHI's website, one program stood out to me immediately: Global Health in the Philippines. The 4-week program in the Philippines was intriguing to me because it was public health focused and specifically allowed for a focus on Maternal and Reproductive Health. As I near graduation, I have chosen to pursue a career in Obstetrics and Gynecology, a dream that recently came to fruition with this year's residency match. So, having the opportunity to see a completely new part of the world and learn more about maternal and reproductive health was a no brainer for me. I applied, and not only was I accepted to attend, I also was fortunate enough to receive a scholarship from CFHI, which made this incredible opportunity even more accessible"*



# 2023 Scholarship Recipient Highlights

Gloria Essien, Recipient of the CFHI American Medical Student Association Scholarship  
Medical Student, Chicago Medical School at Rosalind Franklin University of Medicine and Science

*“Everything about my CFHI experience in Ecuador was such a beautiful teacher. CFHI has amplified my passion for equitable global health, providing an avenue for me to be able to connect deeply to new patient and provider communities. I am excited to carry all that I have learned through my CFHI experience in Quito with me as an aspiring physician and as a lifelong student of the world.”*



Sixtus Akinlosotu, Recipient of the Loeliger 4th Year International Elective Scholarship  
Medical Student, Drexel University

*“This Global Health elective with CFHI in India is something I will cherish and continue to learn from for the rest of my life. I am still unpacking the many encounters and lessons I was blessed enough to experience and look forward to applying them in my future as a culturally humble, open-minded physician with a keen sense of how best to treat the communities I serve.”*



# 2023 Scholarship Recipient Highlights

Alysia Swint, Recipient of the Susan Hershey Memorial Scholarship  
Medical Student, George Washington University

*“My experience with CFHI allowed me to compare the uses of traditional medicine practices in Oaxaca to the understanding of integrative medicine and traditional practices in the United States. I am so incredibly grateful for the opportunity to learn in such an expansive and lively city. Being able to immerse myself in the Oaxacan culture was an experience I will never forget and will only continue to inform my practice as a physician during residency. I improved my medical and conversational Spanish to the point of intermediate learner and was able to engage in learning that was entirely in Spanish. I learned so much about the traditional medicine practice in Oaxaca and different herbs that I can continue to learn about and utilize in my medical practice. I developed a deeper understanding of the interactions between traditional medicine and hospital medicine to inform my practice as an integrative medicine - family medicine physician. I also immersed myself in the Oaxacan culture and food and found a deeper appreciation for the way of life present in Oaxaca. I am so grateful I applied for this program and will continue to draw on experiences from this journey for the rest of my life.”*



# Virtual Program Spotlight

## Virtual Global Health Elective

The CFHI Virtual Global Health elective offers inter-professional trainees a unique opportunity to build key Global Health competencies. Students explore global and public health issues broadly, highlighting how health systems around the world deliver healthcare in a variety of environments, while examining cultural interplays, developing agility for making healthcare decisions in diverse settings, and expanding self-awareness. In this virtual elective, participants learn how communities are addressing pressing health challenges, including chronic disease, maternal-child health, infectious disease, and reproductive health, all while gaining insights into the public health realities internationally, reverse innovation, and interplays of international development and health. They explore the concept of planetary health, its scientific and ethical basis, and its foundational principles and frameworks. Tangible skill development includes critical reflection, cross-cultural effectiveness & adaptability, and health systems comparatives. Faculty hail from Ghana, Uganda, Jordan, Costa Rica, and the United States. In 2023, the majority of CFHI Virtual Global Health Elective participants were from Low-and-Middle-Income countries and received full scholarships to participate.

## Pillars of Global Health

The Pillars of Global Health program by CFHI provides a comprehensive series of online modules for students and institutions aiming to develop competencies in global health. Designed as a self-paced, asynchronous learning experience, it covers topics such as global health ethics, social determinants of health, and health systems. Participants earn a certificate and digital badge upon completion. This flexible program can be integrated into academic curricula, pre-departure training, and more, equipping participants with essential skills for culturally sensitive global health engagement.

## Global Health Practicum

CFHI's practicum programs provides impactful learning opportunities despite changing global education dynamics during 2023. CFHI offered practicums to over 60 students across various formats: 44 were fully online, 20 were place-based, and 5 followed a hybrid model. Adding the hybrid practicum model in 2023 allowed CFHI to have an option for students interested in completing a project with experience abroad but who could not commit to four weeks of travel. Working with CFHI global teams, the virtual component was integrated to ensure the completion of deliverables with continued preceptor mentorship upon the student's return. One notable achievement this year was the introduction of four new practicum sites: Tarija, Bolivia; Quito, Guayaquil and Puyo, Ecuador; and Durban, South Africa. The leadership teams at each program location developed practicum projects and deliverables using an asset-based approach in these and continuing practicum sites, contributing to ongoing local efforts. Practicum deliverables this year were diverse and included creating interculturally-informed educational material, supporting and writing grant proposals and policy briefs, and providing constructive feedback after program evaluations. Students demonstrated creativity and adaptability and utilized ethical approaches in global health research and practice. This year's success exemplifies CFHI's ability to adapt and grow, offering high-impact learning opportunities that prepare students to navigate an ever-evolving global health landscape via practicums. Looking ahead, CFHI continues to seek ways to expand practicum programs, ensuring opportunities for students to have real-world experiences, apply, and integrate their relevant skills, knowledge, and values in a real-world setting.

## Program Health & Safety Spotlight

For CFHI, the safety, health, and security of students, faculty, staff, and host communities is a top priority. The responsibility to engage in global health activities safely and ethically has never been greater for organizations and individual participants in these experiences.

CFHI has been safely and successfully offering programs since 1992, sending over 15,000 students abroad. CFHI's leadership is certified in the Standards of Good Practice for Education Abroad and is recognized by the United Nations, GreatNonprofits, GoAbroad, GoOverseas, and others.

Through a robust health & safety infrastructure, CFHI upholds its commitment to do no harm in global health settings and protect the health, safety, and well-being of our program participants and our longstanding host communities worldwide. While no organization can guarantee participant safety 100%, CFHI's longevity, track record, and close relationships with our international partners provide a network for safe and secure student experiences abroad.

CFHI's suite of measures and protocols that are in place to support health, safety, and wellbeing include a dedicated Director of Health & Safety on call, a trusted support network of professional and responsive in-country leadership, vetted housing, robust pre-departure and onsite orientation covering health and safety guidelines, dedicated materials, protocols, and infrastructure to foster mental health and wellness abroad, travel and emergency insurance coverage, externally reviewed emergency procedures and protocols, and a 24/7 safety network on site and at the CFHI Central Leadership office.

## Academic Partner Spotlight

In 2023, CFHI collaborated with key academic partners to deliver 19 customized programs aligned with each institution's specific academic goals and global health competencies. These programs offered customizable elements such as duration, focus areas, clinical rotations, and public health activities. Each program was developed through a co-design process that integrated institutional priorities with the strengths and expertise of CFHI's global sites and leadership. We proudly highlight three of these collaborations:

### Arcadia University - Physical Therapy Program in Bolivia

In partnership with Arcadia University's School of Physical Therapy, CFHI offered a 2-week program in La Paz, Bolivia, centered on ethical patient engagement and Bolivia's healthcare systems. Students participated in clinic visits, interacted with Bolivian physical therapists, and attended lectures led by local experts. Cultural activities further enriched students' intercultural humility and communication skills in diverse settings.

### SEED Global Health - Pre-Departure Training for Educators

This year marked CFHI's first collaboration with SEED Global Health, developing a pre-departure training program for SEED educators. Rooted in CFHI's Pillars of Global Health, the program included virtual sessions and online modules focused on cultural competency, self-care, and ethical engagement. Participants gained insight into cultural biases, health equity, and social justice, equipping them to contribute meaningfully to underserved communities.

### Pennsylvania State University (PSU) - Global Health in Ecuador

CFHI and PSU co-designed a 5-week program in Quito, Ecuador, where students shadowed health professionals, explored traditional medicine practices, and engaged with local NGOs. PSU also invited Dr. Alvear, CFHI's medical director in Quito, to their campus, strengthening this cross-cultural collaboration.

These partnerships highlighted CFHI's commitment to fostering impactful learning experiences and advancing global health education through academic collaboration.

# Community Health Projects

This year, CFHI proudly reinstated the Community Health and Professional Development Grants, committing \$15,000 to support impactful initiatives led by our Global Team and their networks. Selected projects from these grants showcase CFHI's asset-based approach, empowering local leaders to address urgent health needs in underserved communities. With nine requests from seven teams, an external review panel carefully selected impactful projects, including the following highlighted initiatives:

- Mobile health clinic for the Indigenous Batwa community in Uganda.
- Awareness campaigns at a Palliative Care Center in Cape Town.
- Comprehensive clinic for premature children in La Paz, Bolivia.
- Integrative Medicine Village Clinic in Northern India.
- Capacity building at Omnimed in Mukono, Uganda.
- Multimedia resources for Accra and Cape Coast, Ghana sites.



# Community Health Projects

## Mobile Health Clinic for the Indigenous Batwa Community (Uganda)

In Uganda's Kigezi region, where the Batwa people have limited access to healthcare, CFHI supported six mobile clinics that brought essential services directly to this marginalized community. Each clinic offered comprehensive care, including dental, family planning, antenatal services, and screenings for HIV, diabetes, and hypertension. CFHI students participated in three of these clinics, engaging with the community and experiencing firsthand the challenges and resilience of the Batwa. As one local leader stated, "KIHEFO has shown us love...we no longer have to walk miles to the hospital; we receive care right here".



## Comprehensive Clinic for Premature Children (Bolivia)

In La Paz, Bolivia, CFHI funding enabled the establishment of VIPREMA, a dedicated clinic providing long-term care to premature infants. With a growing patient roster of over 490 children, the clinic offers weekly sessions in physiotherapy, psychopedagogy, and medical follow-ups. Families gathered on World Prematurity Day to celebrate and share support, underscoring the importance of this community resource. Equipment like therapy tables, educational toys, and massage oils were also purchased, enhancing the facility's capacity to provide high-quality care.



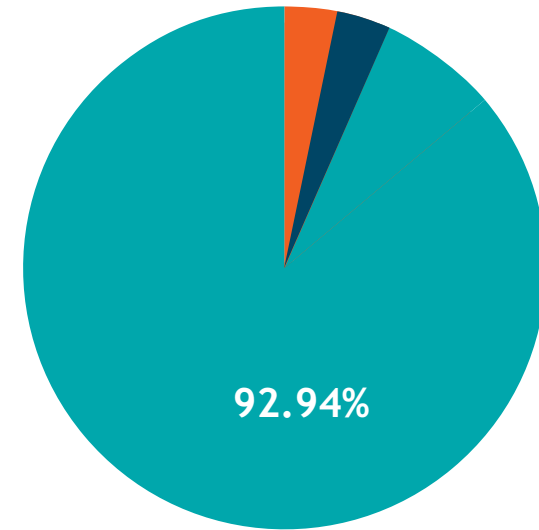
## Integrative Medicine Village Clinic (Northern India)

In rural Northern India, CFHI supported a longstanding community clinic focused on integrative medicine. Combining modern healthcare approaches with traditional practices, this clinic emphasizes the role of ethnobotanical treatments and holistic care. Local health workers received training to bridge Western and Indigenous practices, ensuring care remains culturally resonant and accessible to the community.



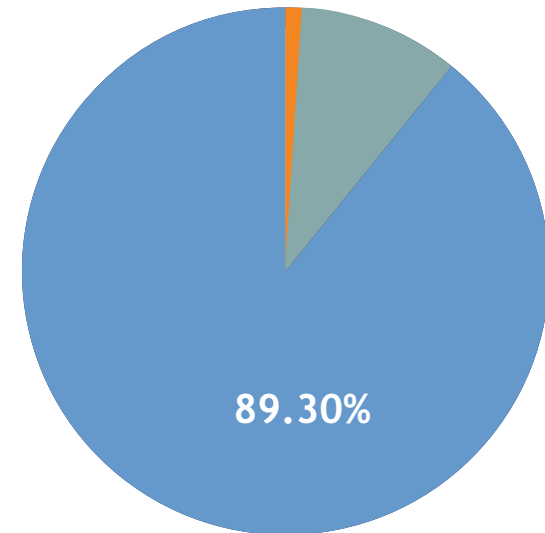
## Revenue

<span style="color: #004a60;">■</span> In-Kind Support	3.37%	\$75,869
<span style="color: #e67e22;">■</span> Grants & Donations	3.48%	\$75,088
<span style="color: #009688;">■</span> Program Fees	92.94%	\$2,085,633
<span style="color: #808080;">■</span> Other Income	.21%	\$4,730
<b>Total Revenue</b>	<b>100%</b>	<b>\$2,244,140</b>



## Expenses

<span style="color: #4a7ebb;">■</span> Program Services	89.30%	\$2,016,538
<span style="color: #809090;">■</span> Administration	9.44%	\$213,113
<span style="color: #e67e22;">■</span> Fundraising	1.27%	\$28,610
<b>Total Expenses</b>	<b>100%</b>	<b>\$2,258,261</b>



**Direction Infusion into Host Communities: \$1,472,146**





# CFHI Academic Partners, Collaborators, and Affiliates

CFHI thanks the following academic partners, collaborators, and affiliates:

AAMC Visiting Student Learning Opportunities  
Albright College  
American Medical Women's Association  
American Medical Student Association  
Aperian  
Arcadia University  
Arizona State University  
Brigham Young University  
Building Bridges Coalition  
Carroll College  
Chatham University  
Clemson University  
Columbia University  
Consortium of Universities for Global Health  
Earlham College  
Florida State University  
George Washington University  
Grand Canyon University  
Hunter College  
Husson University  
Interamerican Center for Global Health (CISG)  
Kigezi Healthcare Foundation (KIHEFO)  
Kirkwood Community College  
Knox College  
Lakehead University  
Louisiana State university  
Luther College  
Massachusetts College of Pharmacy and Health Sciences

Medical University of South Carolina  
Michigan State University  
NAFSA: Association of International Educators  
Northeastern University  
Northern Arizona University  
Northwestern University  
Ohio State University  
Ohio University  
Omni Med  
Oregon State University  
Overseas Security Advisory Council (OSAC)  
Pace University  
Pacific University  
Pennsylvania State University  
Princeton University  
PULSE International  
Purdue University Global  
Quinnipiac University  
San Diego State University  
Siena College  
St. Catherine University  
St. Edward's University  
Stanford University  
Texas A&M University  
Texas Tech University  
The Community-Based Global Learning Collaborative  
The Economic and Social Council of the United Nations  
The Forum on Education Abroad  
Tulane University  
University of California, Davis



# CFHI Academic Partners, Collaborators, and Affiliates

University of California, Education Abroad Program  
University of California, Los Angeles  
University of Chicago  
University of Dayton  
University of Florida  
University of Iowa  
University of Kansas Medical Center  
University of Kentucky College of Medicine  
University of Louisville  
University of Massachusetts Lowell  
University of Minnesota  
University of Montana  
University of North Carolina, Chapel Hill  
University of Notre Dame  
University of Oregon  
University of Texas at Austin  
University of Texas Health Science Center at Houston  
University of Texas Health Science Center at San Antonio  
University of Utah  
University of Vermont Health Network  
University of Washington, Tacoma  
University of Wisconsin-Madison  
Washington State University  
Western University of Health Sciences  
Ahino Collective  
Des Moines University  
Wake Forest University School of Medicine  
Fuzia  
UMass Chan Medical School

University of Southern California, Keck School of Medicine  
University of New England  
University of Cape Town, Division of Pediatric Surgery (UCT)  
Loyola University of Chicago  
Fairleigh Dickinson University  
OpenGrowth.org  
Lincoln Memorial University for the DeBusk College of Osteopathic Medicine  
West Virginia University  
Wilson Sonsini Goodrich & Rosati  
University of South Florida  
SASSIE Consulting  
Natividad Medical Center  
University of Illinois College of Medicine Peoria  
Federation of African Medical Students' Association (FAMSA)  
Seed Global Health